

### Suggested Timetable for Home learning

*(This is just an example or an idea of how you can plan out your day. You do not have to follow it!!)*

- Encourage children to get themselves ready in the morning and come down to work on an independent task. Give them a choice and time limit. e.g. play/colouring/watching their favourite programme. When it comes to planning your day, there's no such thing as a right or wrong schedule.
- Some of the children may work best if they work in short 15-minute bursts throughout the day, while others may be better suited to a longer, more focused session. Some will want to get their learning out of the way in the morning, but others may be more alert and ready to learn after a chilled-out morning and some lunch.
- As our infants are that little bit younger the children will need a little more supervision, but the amount of work that they need to do, and the depth in which they explore it, will be short.
- You are invited take some ideas from this timetable, swap things around, follow it or ignore it completely. It's totally up to you! I hope it helps a little in order to add to your existing routine at home.

Finally, thank you all for taking this on. It's not easy for any of us at this time and I realise how stressful it is to keep everything going. Please do not worry too much about filling each and every day with activity and work. If you do an hour a day of focused work then that is great! This is just a guide to help you keep the day as structured as possible. We had already covered a lot of the curriculum already this year when we closed. I was very happy to see all children improving and coming out of their shells. Hopefully we will all be back together soon.

Keep up the great work everyone and have a bit of fun while doing it!

Kind regards,

Ms. Lohan.

<p>9:30am (Adult led)</p>	<p><u><b>FOCUSED LEARNING 1</b></u>  English - Homework Sheet</p>	
<p>10:00am (Adult led)</p>	<p><u><b>FOCUSED LEARNING 2</b></u>  Maths - Homework Sheet</p>	
<p>10:30am (Indep.)</p>	<p>P.E. time:  Joe Wick's Workout/Go Noodle video/Garden play -Refer to bank of resources - Give the child a choice</p>	
<p>11:00am (Indep.)</p>	<p><b>Breaktime!</b>  Healthy Snack/Movement Break  Watch Homeschool Hub @ 11am on RTE 2</p>	

<p>12:00pm (Mostly adult led)</p>	<p><b><u>FOCUSED LEARNING 3</u></b></p> <p>Log on to Seesaw for Ms. Lohan's 'Task of the day'.</p>	 <p>SEESAW</p>
<p>12:30pm</p>	<p><b>Lunchtime!</b></p>	
<p>1:15pm (Adult led)</p>	<p><b>FREE CHOICE</b></p> <p>Art/Religion/Music/P.E./S.E.S.E.</p> <p>You could pick something from the bank of resources or the child could simply have some free time e.g. play.</p>	
<p>1:45 (Have this be independ ent)</p>	<p>Storytime: Read or listen to stories.</p>	

2:00pm

End of School Day! It's a good idea to reward the child at the end of each day with their e.g. favourite TV show or snack.

They will start to learn the routine of the day and be more motivated to do their work if they have a timetable like this.

You could print it out and stick it up on the wall

