

# ELSA Support's 14-day photo challenge



1  
Rainbow challenge – something red

2

2  
Something that inspires you

3

3  
Favourite movie

4

4  
Something with patterns

5

5  
Rainbow challenge – something blue



6

6  
Something from an unusual angle

7

7  
Rainbow challenge – something orange

8

8  
Dress up! A photo of you dressed up – either smartly or fancy dress

9

9  
Something that sparkles

10

10  
Favourite quote – write it and photograph it

11

11  
Shadows – take a photo of a shadow

12

12  
Rainbow challenge – something yellow

13

13  
How you feel today – show your expression or draw it and photograph it

14

14  
Something you are grateful for



[www.elsa-support.co.uk](http://www.elsa-support.co.uk)