Creagh National School Holy Communion Class 2020



Name:

On the following pages, there are some nice Communion Preparation activities. Remember your very special Communion Day has only been postponed. You will all be together soon to celebrate it with one another.

Eucharist

Eucharist means thanksgiving. This is when Christ's body and blood are offered and then received by the parishioner in the form of bread and wine. Christ during the Last Supper broke bread, ate it, gave it to his disciples and told them to eat it. Now the priest, through the words of consecration, blesses and administers the Holy Communion during every mass to remind followers that they are one with Christ. Food and drink nourishes our bodies - Christ's blood and body nourishes us spiritually.

"JESUS SAID TO THEM, 'I AM THE
BREAD OF LIFE; HE WHO COMES TO ME
WILL NOT HUNGER, AND HE WHO
BELIEVES IN ME WILL NEVER THIRST."

JOHN 6:35

The Seven Sacraments

Talk about the Seven Sacraments with your family. Chat about your family's experiences of these sacraments. The Sacraments are not only signs of our faith but they're also <u>celebrations</u> of a continued journey and relationship with God, teachings to help live out His word and ceremonies to show devotion to Him.



Activity: Draw a Family Picture

As our First Holy Communion is a celebration, we will celebrate with our family and friends.

Can you draw a picture of your family together, enjoying a lovely meal.

Name:	D	ate:
<u>Je</u>	sus' Famil	Y
Using the word bank, wri Jesus' family on the lines a clues.		
St. Joseph	The Virgin Mary	St. Anne
		17
	10	
St. Joochim & St. Anne	St. John the Baptist	
		father (on earth @ mother
		grandmother
		grandparents -
		cousin
	y trust in You."	82009 Thatresosræsite.com

Activity: Can you find these words?

<u>Challenge:</u> Can you put these words into a sentence. You may need to research some!





